

# Infant & Early Childhood Mental Health



Infant & Early Childhood Mental Health (IECMH) focuses on the emotional well-being and mental health of our youngest children. From birth to six years old, the brain develops more than at any other time in life. IECMH sets the foundation for healthy social, emotional, and cognitive development. Early and secure relationships and supportive environments are critical in shaping a child's future, and can help children and their families get the best possible start in life.

## Our Services Include:

- \* Home, Community, & Clinic-Based Services
- \* Early Intervention
- \* Early Relational Health Support
- \* Child-Parent Psychotherapy
- \* Social Emotional Evaluation & Support
- \* Theraplay (Child & Family Therapy)

HopeSparks   
family services

Infant & Early Childhood Mental Health Services may be provided in the clinic, community, home, or the child's natural environment. All services are provided with the child's primary caregivers' utilizing a parent coaching model.



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